

《科学家：艾滋病已非“超级癌症”，新药可使患者与常人无异！》

导读:随着医疗水平的进步，曾经被称为“世纪绝症”的艾滋病现在已经成为一种慢性病。只要患者及时规范治疗，便可与常人无异。



Young people on the latest HIV drugs now have near-normal life expectancy because of improvements in treatments, a study in The Lancet suggests.

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Twenty-year-olds who started antiretroviral therapy in 2010 are projected to live 10 years longer than those first using it in 1996, it found.

???????2010????????????????20????????1996????????????????????????10??

Doctors say that starting treatment early is crucial to achieve a long and healthy life.

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Charities say there are still too many people unaware they have the virus.

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More effective prevention

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The study authors, from the University of Bristol, said the extraordinary success of HIV treatments was a result of newer drugs having fewer side effects and being better at preventing the virus from replicating in the body.

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It is also more difficult for the virus to build up a resistance to the most recent drugs.

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Improved screening and prevention programmes and better treatment of health problems caused by HIV are thought to have helped, too.

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But many people with HIV still do not live as long as expected, especially those infected through injecting drugs.

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Antiretroviral therapy involves a combination of three or more drugs which block the normal progress of HIV (human immunodeficiency virus).

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They have been called "one of the greatest public health success stories of the past 40 years".

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Drugs 'do work'

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Jimmy Isaacs, 28, discovered he had been infected with HIV by a former partner nearly three years ago.

28????????????????HIV?

He takes three drugs once a day at 18:00 and will continue to do so for the rest of his life.

??????18:00????????????

"My health is absolutely fine. I'm eating healthily and drinking healthily," he said.

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"It doesn't impact on my job and hasn't impacted on my social life either."

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Although it took two changes of medication to find the right combination for him, he says he now has no side effects at all.

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"I had heard a lot of bad stories about the drugs back in the '90s - but when I did some research, I realised the drugs had completely changed."

"????????90????????????"

'Medical achievement'

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Prof Helen Stokes-Lampard, who chairs the Royal College of GPs, said: "It's a tremendous medical achievement that an infection that once had such a terrible prognosis is now so manageable, and that patients with HIV are living significantly longer.

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"We hope the results of this study go a long way to finally removing any remaining stigma associated with HIV, and ensuring that patients with HIV can live long and healthy lives without experiencing difficulties in gaining employment and - in countries where it is necessary - obtaining medical insurance."



“????????????????????HIV????????HIV????????????????????”

